

# October 2026 Triangle Professional Events

October's professional calendar offers opportunities to strengthen connections across the Triangle's innovation community. This month's selection highlights practical AI workshops, life-sciences networking, scientific meetings, and opportunities for entrepreneurs, researchers, consultants, and small-business owners to exchange ideas and build relationships.

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## Startup, Innovation, and Business Mentorship

### October 8th

#### Mentor Morning

Innovate Carolina Junction, Chapel Hill | 9-11:30am

*(Free; Reservation Required)*

**Summary:** A rotating-table mentorship event connecting entrepreneurs and community members with experienced mentors to discuss business questions, ideas, and professional connections.

**Link:** [Open event page](#)

### October 20th

#### Launch Powered by KPMG Demo Day Showcase

Innovate Carolina Junction, Chapel Hill | 5-8pm

*(Registration Available; Price Not Confirmed)*

**Summary:** A showcase of Launch accelerator ventures offering opportunities to meet founders, learn about emerging businesses, and connect with the local entrepreneurial community.

**Link:** [Open event page](#)

### October 28th

#### Idea to Action - Bring Your Startup Idea Leave with a Plan

Frontier RTP Classroom, Durham | 1-5pm

*(Free; Registration Required)*

**Summary:** A working session with Chris Heivly using a Lean Canvas to test assumptions and map a startup or early-stage venture. Best suited to participants with a concrete idea to develop.

**Link:** [Open event page](#)

## October 30th

### Grounds for Connection

Innovate Carolina Junction, Chapel Hill | 8:30-10am

*(Free; Registration Available)*

**Summary:** Coffee and conversation with local professionals, entrepreneurs, and small-business owners, offering an informal opportunity to build relationships across the Chapel Hill business community.

**Link:** [Open event page](#)

## AI and Automation Focused Meetings

### October 14th

#### AI Unfiltered

Innovate Carolina Junction, Chapel Hill | 9-10:30am

*(Free; Reservation Required)*

**Summary:** An informal coffee discussion for professionals, students and community members interested in AI.

**Link:** [Open event page](#)

### October 20th

#### AI for Research Workflows

Innovate Carolina Junction, Chapel Hill | 9-10:30am

*(Free; Reservation Required)*

**Summary:** A practical workshop on using generative AI for research questions, information evaluation, data tasks and reports, including its limitations.

**Link:** [Open event page](#)

## Life Sciences and Biotechnology Networking

### October 13th

#### Triangle Biotech Networking at Chrysalis RTP

Chrysalis RTP, Morrisville | 5:30-7:30pm

*(\$18; Ticket Required)*

**Summary:** An evening of life-sciences networking, with light food and two drink tickets included.

**Link:** [Open event page](#)

## October 15th

### BPD Roundtable Dinner - Focus on Antibodies

NCBiotech, Durham | 5:30-8:30pm

*(\$35; Registration Required)*

**Summary:** A networking reception followed by small-group biopharmaceutical discussions over dinner and a report-back session.

**Link:** [Open event page](#)

## Scientific and Pharmaceutical Conferences

### October 16th

### Environmental Data Sciences Connection Symposium

NCBiotech, Durham | 8:15am-4pm

*(Free; Registration Required)*

**Summary:** A symposium connecting environmental-health research with data science, expert talks and student posters.

**Link:** [Open event page](#)

### October 30th

### Duke Medical Robotics Symposium

Trent Semans Building Great Hall, Duke University, Durham | 9am-3:30pm

*(Free; Registration Coming Soon)*

**Summary:** Research presentations, posters, and networking connecting medical robotics, engineering, and automation. A save-the-date opportunity; registration is described as coming soon.

**Link:** [Open event page](#)

## Research Commercialization and Funding

### October 8th

### Patent Considerations for AI Inventions

The Rizzo Center, Chapel Hill | 5:30-7:30pm

*(Free; Registration Required)*

**Summary:** A presentation, Q&A and networking reception on protecting AI-related innovations and supporting commercialization.

**Link:** [Open event page](#)

## October 19th

### Fireside Chat - Pathways from Research to Commercialization

Innovate Carolina Junction, Chapel Hill | 4:30-6pm

*(Registration Available; Price Not Confirmed)*

**Summary:** UNC innovation teams explain research translation, licensing, and startup support. The discussion is tailored to UNC faculty, graduate students, and postdoctoral researchers.

**Link:** [Open event page](#)

## Professional Development and Business Operations

### October 21st

### On the Menu - Health Insurance Without HR

Frontier 800, Durham | 12:00-1:00pm

*(RSVP Required; Free Lunch; Admission Price Not Confirmed)*

**Summary:** A workshop for self-employed professionals and small-business owners comparing health-coverage options and questions to ask. Check-in and lunch begin at 11:30am.

**Link:** [Open event page](#)

*Event details may change. Confirm timing, location, pricing, and registration requirements with the event organizer before attending.*